

Efficacy of Philosophy Training for Children on the Social Responsibility and Ethical Intelligence of 9-12-Year-Old Children

Zeinab Ghdiri Bidhendi¹⁰⁰, Seyyed Mahmoud Mirzamani Bafghi^{2*00}

- 1. Department of Clinical and Educational Psychology, Faculty of Psychology and Educational Sciences, Central Tehran Branch, Islamic Azad University, Tehran, Iran. Email: zeinab.ghadiri.1361@gmail.com
- 2. Corresponding Author, Department of Psychology, Faculty of Psychology, Basir Institute of Higher Education, Abik, Qazvin, Iran. Email: sm.mirzamani@bmsu.ac.ir

Extended Abstract

Aim

Childhood is a critical stage in life where a person's personality is established and shaped. Most behavioral disorders and inconsistencies that emerge later in life stem from a lack of attention during this sensitive period, leading to improper growth and development. Such neglect can result in difficulties with adaptation to the environment, causing various developmental issues across multiple domains (Kwok et al., 2017). The elementary school years are particularly important for diagnosing and addressing emotional, social, and behavioral problems in children. Accurate diagnosis and early intervention are crucial for shaping children's future in terms of family life, social interactions, academics, and career success (Qu et al., 2020). The primary school stage holds unique importance as it lays the foundation for children's intellectual and mental development, allowing them to grasp various concepts and develop physical, social, cognitive, and psychological skills. In essence, this period serves as the cornerstone for future educational endeavors (Whalen et al., 2017). During this stage, children learn social skills and become more aware of environmental factors, which fosters a sense of social responsibility (Jalaei et al., 2019). Conversely, a lack of sensitivity to social responsibility can lead to negligence (Siddiqui et al., 2019). Social responsibility is defined as the ability to meet one's own needs while respecting others' ability to meet theirs (Fathi et al., 2018). Enhancing social responsibility helps children perform better in moral domains such as moral intelligence. Strengthening moral intelligence in children is an optimal way to guide them toward not just thinking correctly, but also acting in alignment with those thoughts (Torbatinezgad et al., 2022). Based on this, the current study investigates the effectiveness of philosophy education for children on social responsibility and ethical intelligence in children aged 9-12.

Methodology

The present study was quasi-experimental with pretest, posttest and control group design method. Additionally, a two-month follow-up period was implemented. The statistical population of the study consisted of children aged 9–11 in Tehran during the 2021-2022 academic year. Thirty-two children (all female) exhibiting low social responsibility and ethical intelligence were selected using purposive sampling and randomly assigned to either the experimental group (17 children) or the control group (15 children). The experimental group received philosophy education for children (Fathi Azar et al., 2020) across 8 sessions, each lasting 60 minutes, while the control group did not receive any interventions. The study utilized the Social Responsibility Questionnaire (SAQ) (Kurdlo, 2008) and the Ethical Intelligence Questionnaire (EIQ) (Amini Moghadam et al., 2018) for data collection. The data were analyzed using mixed ANOVA and Bonferroni tests via SPSS 23 software. The mixed variance analysis was chosen because both experimental and control groups were measured at three stages: pre-test, post-test, and follow-up.

Findings

The results revealed that philosophy education for children had a significant effect on both social responsibility (F=36.30, Eta=0.55, P<0.001) and ethical intelligence (F=55, Eta=0.64, P<0.001). This

intervention led to a significant increase in the average scores for both social responsibility and ethical intelligence. These improvements were sustained in the follow-up phase. The results indicate that philosophy education for children significantly influenced social responsibility and ethical intelligence during both the post-test and follow-up stages.

Conclusion

Based on the findings, it can be concluded that philosophy education for children is an effective method for enhancing social responsibility and ethical intelligence by fostering deep conversation and empowering the child internally. By teaching thinking and reasoning skills, children engage in deeper reflections on social processes, gaining more social knowledge (Lam, 2022). This increased awareness makes them more sensitive to the social and environmental events around them, helping them to become more responsible. In this approach, the educational environment becomes a space for children to explore their mental questions and test their beliefs. Teaching philosophy to children transforms the classroom into a space for philosophical inquiry, promoting democracy, intellectual independence, and social sensitivity (Humberto et al., 2022). The philosophy education program encourages children to make connections between various social issues, develop cooperation and thinking skills, and enhance their reasoning and abstract thinking abilities, thus taking on more communication and social responsibility. Children taught philosophy gain new perspectives on themselves and the world, allowing them to consider ideas they hadn't previously encountered (Malboeuf-Hurtubise et al., 2021). Philosophy, therefore, is not just about learning philosophical theories; it enables children to apply mental concepts in practical ways. Additionally, the philosophy education program helps children develop rationality (Isiklar & Ozturk, 2021), allowing them to solve problems and become more aware of their thinking processes. This program fosters greater sensitivity toward their moral and mental processes, promoting more moral behavior through reasoning, critical thinking, and reflection on their actions. This approach also correlates with improvements in moral intelligence.

Keywords: Ethical Intelligence, Social Responsibility, Training Philosophy for Children.

Ethical Considerations

In compliance with research ethics, the consent of both the children and their parents was obtained before participation in the intervention sessions. Participants were informed about all stages of the research and the intervention procedures. Children in the control group were assured that they would also receive the philosophy education intervention after the study concluded, should they wish to participate. Additionally, all participants were assured that their information would remain confidential and that their identities would not be disclosed in the questionnaire forms.

Acknowledgments

This article is based on the doctoral thesis of the first author at Islamic Azad University, Tehran Branch. We extend our sincere gratitude to all the children who participated, their parents, and the education officials of Tehran's 12th district for their full cooperation during the implementation of the research.

Financial Support

This research did not receive any financial assistance from any institution or organization.

Conflict of Interest

The authors declare no conflict of interest.

References

- Amini Moghadam, Y., Rezaei, A., & Makvand Hoseyni, S. (2018). Preparation and standardization the moral intelligence of children questionnaire based on Borba's theory. *Quarterly of Educational Measurement*, 9(34), 27-45. https://doi.org/10.22054/jem.2019.40348.1903 (In Persian)
- Fathi Azar, E., Taghipour, K., & Haj Agaie Khiabani, A. (2020). The effectiveness of Teaching Philosophy for Children on emotional self-regulation in labor children. *Thinking and Children*, *10*(2), 141-161. https://doi.org/10.30465/fabak.2020.4930 (In Persian)

- Fathi, L., Ahghar, G., & Naderi, E. (2018). Teaching philosophy for children (p4c) using a community of inquiry method and its impact on students' accountability. *Quarterly Journal of Family and Research*, 15(1), 7-18. http://qjfr.ir/article-1-560-en.html (In Persian)
- Humberto, M., Moura, F., & Giannotti, M. (2022). Incorporating children's views and perceptions about urban mobility: Implementation of the "philosophy with children" inquiry approach with young children. *Travel Behaviour and Society*, 26, 168-177. https://doi.org/10.1016/j.tbs.2021.10.003
- Isiklar, S., & Ozturk, Y.A. (2021). The Effect of Philosophy for Children (P4C) Curriculum on Critical Thinking through Philosophical Inquiry and Problem Solving Skills. *International Journal of Contemporary Educational Research*, 9(1), 130-142. https://doi.org/10.33200/ijcer.942575
- Jalaei, M., Cheraghmollaei, L., & Khodabakhsh Pirkalani, R. (2019). The effect of play based on moral intelligence on conscience, self-control and social responsibility of elementary school children. *Educational Psychology*, 15(54), 59-89. https://doi.org/10.22054/jep.2020.38713.2536 (In Persian)
- Kurdlo, M. (2008). Investigating the factors affecting the social responsibility of students at home and school. *School Counselor Journal*, 4(1), 4-11. https://ensani.ir/fa/article/58350/ (In Persian)
- Kwok, S.Y. C. L., Gu, M., & Cheung, A. P. S. (2017). A longitudinal study of the role of children's altruism and forgiveness in the relation between parental aggressive discipline and anxiety of preschoolers in China. *Child Abuse & Neglect*, 65, 236-247. https://doi.org/10.1016/j.chiabu.2017.02.004
- Lam, C. (2022). A Philosophy for Children Approach to Professional Development of Teachers. *Cambridge Journal of Education*, 53(1), 1-17. https://doi.org/10.1080/0305764X.2022.2056143
- Malboeuf-Hurtubise, C., Léger-Goodes, T., Mageau, G. A., Joussemet, M., Herba, C., Chadi, N., ... & Gagnon, M. (2021). Philosophy for children and mindfulness during COVID-19: Results from a randomized cluster trial and impact on mental health in elementary school students. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 107, 110260. https://doi.org/10.1016/j.pnpbp.2021.110260
- Qu, G., Wang, L., Tang, X., Wu, W., Zhang, J., & Sun, Y. (2020). Association between caregivers' anxiety and depression symptoms and feeding difficulties of preschool children: A cross-sectional study in rural China. Archives de Pédiatrie, 27(1), 12-17. https://doi.org/10.1016/j.arcped.2019.11.007
- Siddiqui, N., Gorard, S., & See, B. H. (2019). Can learning beyond the classroom impact on social responsibility and academic attainment? An evaluation of the Children's University youth social action programme. *Studies in Educational Evaluation*, 61, 74-82. https://doi.org/10.1016/j.stueduc.2019.03.004
- Torbatinezgad, H., Ghasempoor, S., & Tahooneban Gol Khatmi, S. (2022). The effectiveness of storytelling on the level of moral intelligence and vocabulary of second grade students. *Journal of Pouyesh in Education and Consultation (JPEC)*, 7(15), 105-123. https://educationscience.cfu.ac.ir/article_2151.html?lang=en (In Persian)
- Whalen, D. J., Sylvester, C. M., & Luby, J. L. (2017). Depression and anxiety in preschoolers: A review of the past 7 years. *Child and Adolescent Psychiatric Clinics of North America*, 26(3), 503-522. https://doi.org/10.1016/j.chc.2017.02.006

Cite this article: Ghdiri Bidhendi, Z., & Mirzamani Bafghi, S. M. (2024). Efficacy of Philosophy Training for Children on the Social Responsibility and Ethical Intelligence of 9-12-Year-Old Children. *Journal of Applied Psychological Research*, 15(4), 147-161. doi: 10.22059/japr.2024.344560.644301.



Publisher: University of Tehran Press DOI: <u>https://doi.org/10.22059/japr.2024.344560.644301</u> © The Author(s).